

PAST MAINELY TICKS EVENTS

2020

Tuesday, May 5. **Tick Talk: An Ounce of Prevention...** 1:30 – 3:00 pm Louis B. Goodall Memorial Library, 952 Main Street, Sanford, ME 04073 <http://lbgoodall.org/> Admission: Free. Lyme disease cases in Maine hit a record high 2,079 cases in 2019. The Centers for Disease Control and Prevention (CDC) recognizes that number probably represents a mere 10% of the actual number of people impacted by the disease. Seniors ages 65+ have the highest incidence rate of Lyme disease in the State of Maine. Bob Maurais from Mainely Ticks will share strategies to better protect your family from the ever increasing threat of ticks and tick-borne diseases. Items discussed will include personal protection strategies, landscape modifications and the life cycle of the deer tick. A 50-minute PowerPoint presentation will be followed by a question-and-answer period. Educational literature will be distributed, including tick identification guides and bookmarks. This free event will be held at the Louis B. Goodall Memorial Library, 952 Main Street, Sanford, ME 04073. This year be more prepared than surprised!

Monday, April 13. **Tick Talk: Spring is here, and so are the ticks!** 6:00-8:00 pm Massabesic Center for Adult Learning Massabesic East Building (Formally known as MJHS) 84 West Road, Waterboro, ME 04087 \$3.00 Registration Fee. FMI – email mcal@rsu57.org or call 207-247-2022 Are you planning on spending time outdoors this spring and summer? Do you know that 75% of Lyme diseases cases are contracted within 100 feet of the home? Learn how to better protect your family and pets from tick-borne diseases through personal protection strategies and landscape modifications. Free full color tick identification guides and educational literature will be distributed to all who attend.

Saturday, April 11. **6th Annual Midcoast Lyme Disease Support & Education Conference**

8:00am-5:00pm , Augusta Civic Center, 76 Community Drive, Augusta Maine 04330 Admission is Free. <http://conference2020.mldse.org/> This will be the 6th year that Mainely Ticks is a sponsor of this timely and well

attended conference featuring nationally recognized Lyme experts. Free educational literature will be distributed to all who attend.

Friday, March 27. **Maine Flower Show Tick Talk: Spring is here, and so are the ticks!** 12:30 pm Thompson's Point in Portland, Maine (Fee to attend the Flower Show) The Maine Flower Show is one of the biggest gardening and horticultural shows in the region where landscapers, exhibitors, designers and horticulturists come together annually. [Maine Flower Show website](#) Are you planning on spending time outdoors this spring and summer? Did you know that 75% of Lyme diseases cases are contracted within 100 feet of the home? Join Bob & Barb Maurais from Mainely Ticks for a timely discussion on how to better protect your family and pets from tick-borne diseases. Low-cost personal protection strategies and landscape modifications will be discussed. Free full color tick identification guides and educational literature will be distributed to all who attend.

2019

Friday, April 26. **Lyme Disease Conference** 8:00am-5:00pm (Doors open at 7am for registration) Midcoast Lyme Disease Support & Education Conference, Augusta Civic Center, 76 Community Drive, Augusta Maine 04330 Admission: FREE <https://conference2019.mldse.org/> Mainely Ticks is one of the sponsors of this event, and will be distributing FREE educational literature to all who attend.

Friday, April 12 **Tick Talk: Spring is here, and so are the Ticks** 1:00 pm – 3:00 pm Wells Public Library, [1434 Post Road, Wells 04090](#) 646-8181 www.wellslibrary.org Free With springtime weather finally upon us, Bob Maurais from Mainely Ticks will share strategies to better protect your family from the ever increasing threat of ticks and tick-borne diseases. Items discussed will include personal protection strategies, landscape modifications and the life cycle of the deer tick. A 50-minute PowerPoint presentation will be followed by a question-

and-answer period. Educational literature will be distributed, including tick identification guides and bookmarks. This free event will be held at the Wells Public Library, 1434 Post Road, Wells 04090. This year, be more prepared than surprised!

Monday, April 8. **Tick Talk: Lyme Disease Prevention** – 6:30 pm – 8:00 pm Louis B. Goodall Memorial Library, 952 Main Street, Sanford, ME 04073 <http://lbgoodall.org/> Admission: Free. Bob Maurais from Mainely Ticks will share strategies to better protect your family from the ever increasing threat of ticks and tick-borne diseases. Items discussed will include personal protection strategies, landscape modifications and the life cycle of the deer tick. A 50-minute PowerPoint presentation will be followed by a question-and-answer period. Educational literature will be distributed, including tick identification guides and bookmarks. This free event will be held at the Louis B. Goodall Memorial Library, 952 Main Street, Sanford, ME 04073. This year, be more prepared than surprised!

Saturday, April 6. **Deer Ticks: Reduce Your Risk!** 12th Annual Childcare Conference sponsored by Windham/Raymond School Age Child Care Saturday, April 6, 2019 Windham High School. Child Care Providers - Registration required.

Friday, March 29. **Maine Flower Show** 12:30 pm Thompson's Point in Portland, Maine (Fee to attend the Flower Show) The Maine Flower Show is one of the biggest gardening and horticultural shows in the region where landscapers, exhibitors, designers and horticulturists come together annually. [Maine Flower Show website](#) Are you planning on spending time outdoors this spring and summer? Did you know that 75% of Lyme diseases cases are contracted within 100 feet of the home? Join Bob & Barb Maurais from Mainely Ticks for a timely discussion on how to better protect your family and pets from tick-borne diseases. Low-cost personal protection strategies and landscape modifications will be discussed. Free full color tick identification guides and educational literature will be distributed to all who attend.

2018

Wednesday, September 12. **Tick Talk: Lyme Disease Prevention** 7:00 pm Star Theatre Kittery Community Center, [120 Rogers Road, Kittery, ME 03904](#) 207-439-3800 www.kitterycommunitycenter.org Free Bob Maurais from Mainely Ticks will share strategies to better protect your family from ticks and tick-borne diseases as we enter the fall season. Items discussed will include personal protection strategies, landscape modifications and the life cycle of the deer tick. A 50 minute presentation will be followed by a question-and-answer session. Educational literature will be distributed, including tick identification guides and

bookmarks. Wednesday, July 25. **Tick Talk: Lyme Disease Prevention** 2:00 pm - 3:00 pm Wells Public Library, [1434 Post Road, Wells 04090](#) 646-8181 www.wellslibrary.org Free. Bob Maurais from Mainely Ticks will share strategies to better protect your family from ticks and tick-borne diseases. Items discussed will include personal protection strategies, landscape modifications and the life cycle of the deer tick. A 50 minute presentation will be followed by a question-and-answer period – stay as long as you like. Educational literature will be distributed, including identification guides and bookmarks. This free event will be held at the Wells Public Library, 1434 Post Road, Wells 04090.

Tuesday, July 10. **Tick Talk: Lyme Disease Prevention** 6:30 pm - 8:00 pm Louis B. Goodall Memorial Library, 952 Main Street, Sanford, ME 04073 <http://lbgoodall.org/> Free Bob Maurais from Mainely Ticks will share strategies to better protect your family from ticks and tick-borne diseases. Items discussed will include personal protection strategies, landscape modifications and the life cycle of the deer tick. A 50 minute presentation will be followed by a question-and-answer period – stay as long as you like. Educational literature will be distributed, including identification guides and bookmarks. This free event will be held at the Louis B. Goodall Memorial Library, 952 Main Street, Sanford, ME 04073.

Tuesday, June 19. **Tick Talk: Lyme Disease Prevention** 6:30 pm - 8:00 pm McArthur Public Library, 270 Main Street, Biddeford, ME 04005 <https://www.mcarthurlibrary.org/> Free Bob Maurais from Mainely Ticks

will share strategies to better protect your family from ticks and tick-borne diseases. Items discussed will include personal protection strategies, landscape modifications and the life cycle of the deer tick. A 50 minute presentation will be followed by a question-and-answer period – stay as long as you like. Educational literature will be distributed, including identification guides and bookmarks. This free event will be held at the McArthur Public Library, 270 Main Street, Biddeford, ME 04005.

Thursday, June 14. **Tick Talk: Lyme Disease Prevention** 6:30 pm - 8:00 pm Thomas Memorial Library, 6 Scott Dyer Road, Cape Elizabeth, ME 04107 Free Bob Maurais from Mainely Ticks will share strategies to better protect your family from ticks and tick-borne diseases. Items discussed will include personal protection strategies, landscape modifications and the life cycle of the deer tick. A 50 minute presentation will be followed by a question-and-answer period - stay as long as you like. Educational literature will be distributed, including identification guides and bookmarks. This free event will be held at the Thomas Memorial Library, 6 Scott Dyer Road, Cape Elizabeth, Maine. Offered in partnership with [Cape Elizabeth Land Trust](#) Thursday, March 23. **Tick Talk: The 2018 Maine Flower Show** (formerly Portland Flower Show), - 2:30 pm Thompson's Point, Portland, Maine. Join Bob Maurais from Mainely Ticks for an hour long discussion ~ Planting Seeds of Awareness ~ how to better protect your family from ticks and tick-borne illnesses. Personal protection strategies, landscape modifications and the life cycle of the deer tick will be discussed. FREE tick identification guides for all who attend. FMI on the upcoming flower show visit [MaineFlowerShow.com](#)

Saturday, April 28. **The 4th Annual Midcoast Lyme Disease Support & Education Conference** will take place at the Augusta Civic Center, Augusta, Maine, 8:00 am to 5:00 pm . Free, but donations accepted. Guest speakers from the Lyme community and vendors will be available to answer questions. Mainely Ticks will be presenting and distributing FREE educational information, including tick identification guides to all who attend. FMI on the conference, visit [Conference2018.mldse.org](#). We

hope to see you come out and learn more about the latest trends happening with ticks as well as have a fun time!

2017

Sunday, September 17. **7th Annual Lyme-Aid Music Festival**. 10:30 am. Thompson's Orchard Gazebo, 276 Gloucester Hill Road, New Gloucester, Maine 04260. Enjoy great New England talent while helping to raise awareness of tick-borne diseases. Tick identification guides will be available.

Wednesday, August 9. **Lunch & Learn discussion at Pratt & Whitney**, North Berwick, Maine. Lunchtime educational presentation to employees on proper tick identification and removal, personal protection strategies, and landscape modifications. Q & A session and FREE tick identification guides and bookmarks.

Thursday, June 29. **Alere Wellness Fair**. 2:30-4:30. Mainely Ticks will be distributing FREE educational information, including tick identification guides and bookmarks to employees of Alere of Scarborough, Maine.

Saturday, April 29. **3rd Annual Midcoast Lyme Disease Support & Education Conference** . 8:00 am to 5:00 pm. Wiscasset Community Center, 242 Gardiner Rd., Wiscasset, Maine. Free, but donations accepted. Guest speakers from the Lyme community and vendors will be available to answer questions. Mainely Ticks will be presenting and distributing FREE educational information, including tick identification guides to all who attend. FMI on the Midcoast support group, visit www.MLDSE.org.

Thursday, March 30. **The 2017 Maine Flower Show** (formerly Portland Flower Show), Thompson's Point, Portland, Maine. 10:30 am tick talk. Join Bob Maurais from Mainely Ticks for an hour long discussion on how to better protect your family from ticks and tick-borne illnesses. Personal protection strategies, landscape modifications and the life cycle of the deer tick will be discussed. FREE tick identification guides for all who attend. FMI on the upcoming flower show visit [Maine Flower Show](#)

2016

Friday, July 1. **Lunch & Learn at the Wells Public Library**, Wells, Maine . Noon-1:00 pm. Join Bob Maurais from Mainely Ticks for a lunch time session on how to better protect your family from ticks and tick-borne illnesses. Personal protection strategies, landscape modifications and the life cycle of the deer tick will be discussed. Free educational information including tick identification guides and tick removal tweezers for all who attend. FMI contact Kristi Bryant at the Wells Public Library, 1434 Post Road (Route 1), Wells. Phone 207-646-8181, ext. 205.

Tuesday, June 14. **Community Tick Talk at the Thomas Memorial Library**, 6 Scott Dyer Road, Cape Elizabeth, Maine. 6:30-7:30 pm. Join Bob Maurais from Mainely Ticks as he discusses strategies to better protect your family from ticks and tick-borne diseases. Items discussed will include personal protection strategies, landscape modifications and the life cycle of the deer tick. Educational literature will be distributed including tick identification guides, bookmarks and FREE tick removal tweezers for all who attend. FMI contact Rachel Davis at 799-1720.

Wednesday, May 4. **Join the Maine IPM Council for A Homeowner's Guide to Managing Ticks.** Have you ever felt the skin-crawling sensation of a freshly discovered tick? These tiny arachnids have—for many of us—become a pervasive part of Maine summers. Regional expert, Dr. Thomas Mather has dedicated his career at the University of Rhode Island Center for Vector-Borne Disease to the research of tick exposure and Lyme disease prevention. On May 4th, Dr. Mather will speak about the best science-based methods for tick exposure prevention.

Updates on the state of Lyme disease and tick monitoring in Maine will be provided by Sara Robinson, Epidemiologist with the Maine Center for Disease Control and Chuck Lubelczyk, Entomologist with Maine Medical Center Research Institute.

Maine CDC Health Corps will be present to answer questions on Lyme disease.

Please join us at the following locations and times for these two exciting presentations sponsored by the Maine IPM Council.

Maine Audubon's Gilsland Farm, Falmouth, ME, Noon

12:00 Tom Mather, University of Rhode Island Center for Vector-Borne Disease

1:00 Sara Robinson, Maine Center for Disease Control
Mather Auditorium, Wells Reserve, Wells, ME, 6:00 PM

6:00 Tom Mather, University of Rhode Island Center for Vector-Borne Disease

7:00 Chuck Lubelczyk, Maine Medical Center Research Institute
Space is limited! Pre-registration is required! To register, please call (207) 287-2731, or link:

<https://www.maine.gov/dacf/php/gotpests/lawns/index.htm> |

Event Time:

May 4th at 12PM, Maine Audubon's Gilsland Farm Environmental Center, Falmouth ME

May 4th at 6PM, Mather Auditorium at Wells Reserve, Wells ME

Sunday, May 1. **Lyme Buddies Lyme Disease Awareness Event.**

Jimmy the Greek, 115 Philbrook Avenue, South Portland, Maine. 10:30-12:00. Free, open to the public.

Presentations will include Barb Maurais from Mainely Ticks on personal protection and landscape strategies, a presentation by Dr. Megan May, M.S., Ph.D., Chair, Div G, American Society for Microbiology on why it is so hard to develop reliable tests, the launch of "The Big Five for Lyme", a fundraising event to raise money for ILADS' Physician Training Program, and a presentation by Dr. Leon Hecht, ND, who has been through the ILADS EF Physician Training program. There will be other Lyme support groups to meet, information to share, raffles, prizes and much more. Jimmy the Greek will offer a breakfast buffet for \$7.99.

Come meet others, receive information, network and come together for Lyme Disease. Special m-cee Sharon Rose Vaznis of WCSH6 will keep the information flowing! This is NOT a 5K event, this is solely an information event. The 5K will be held on Sunday, Oct. 9, 2016. More information about the 5K will be available at this event. FMI, visit

www.lymebuddies.com

Saturday, April 30. **2nd Annual Midcoast Lyme Disease Support & Education Conference** . Wiscasset Community Center, 242 Gardiner

Road, Wiscasset, Maine. 8:00-5:00. Free Admission. Speakers and vendors. Bob and Barb Maurais with Mainely Ticks will be distributing educational material and answering questions. FMI contact Paula Jackson Jones at 446-6447 or Angele Rice at 841-8757, or visit:

<https://midcoastlymediseasesupport.blogspot.com/p/conference.htm> |

Thursday, April 14. **Tick Talk to Central Maine Power Safety**

Personnel, Fairfield, Maine. Powerpoint presentation outlining the life cycle of the deer tick, proper identification and removal of attached ticks, personal protection strategies and landscape modifications. Educational literature distributed.

Tuesday, March 8. **Tick Talk to Central Maine Power Safety**

Personnel, Augusta, Maine. Powerpoint presentation outlining the life cycle of the deer tick, proper identification and removal of attached ticks, personal protection strategies and landscape modifications. Educational literature distributed.

2015

Saturday and Sunday, September 12 & 13. **5th Annual Lyme-Aid Music Fest**, Thompson's Orchard, 276 Gloucester Hill Road, New Gloucester, ME. 11:00 am-6:00 pm both days. Vendors, kid's activities, food, apple picking, carriage rides, Music and more! Barb Maurais with Mainely Ticks will be distributing FREE educational literature. Suggested donation \$10.00, children \$5.00. FMI, call 207-272-2091, or www.Lymbuddies.com.

Saturday, September 12. **4th Annual Mt. Valley Lyme Disease**

Awareness Conference, Telstar High School, 284 Walkers Mills Road, Bethel, Maine. Registration begins at 9:00 am. Opening remarks 9:45.

Closing 5 p.m. Speakers include Dr. Bea Szantyr (Lyme Basics), Dr. Alan MacDonald (via satellite Borrelia burgdorferi research), Dr. Charles Ray Jones (Lyme disease and kids) and Maine humorist Gary Crocker. Mainely Ticks will be distributing educational literature to all who attend. FMI, contact Rhonda at 207-824-3076, or Diane at 207-357-1926.

mtvalleyldac@yahoo.com. \$10.00 donation at the door appreciated, but not mandatory.

Tuesday, July 14. **Community Tick Talk at the Kennebunk Free Library**, 112 Main Street, Kennebunk, Maine. 6:30-8:00 pm. Join Bob Maurais from Mainely Ticks as he discusses strategies to better protect your family from ticks and tick-borne diseases. Items discussed will include personal protection strategies, landscape modifications and the life cycle of the deer tick. Educational literature will be distributed including tick identification guides and bookmarks. FMI contact Janet D. Cate at 985-2173, ext 102.

July 10-14. **American Veterinary Medical Association Annual Conference**, Boston Convention and Exhibition Center, Boston, Massachusetts. Mainely Ticks will be distributing educational literature to the expected 5,000+ veterinary attendees from across the country.

Thursday, June 25. **Community Tick Talk at the Thomas Memorial Library**, 6 Scott Dyer Road, Cape Elizabeth, Maine. 6:00-7:30 pm. Join Bob Maurais from Mainely Ticks as he discusses strategies to better protect your family from ticks and tick-borne diseases. Items discussed will include personal protection strategies, landscape modifications and the life cycle of the deer tick. Educational literature will be distributed including tick identification guides and bookmarks. FMI contact Rachel Davis at 799-1720.

Thursday, June 25. **"Tick Talk: Lyme Disease and Co-infections."** Prince Memorial Library, 266 Main Street, Cumberland, Maine. 6:00 pm. Join Dr. Bea Szantyr for a discussion on the difficulties of diagnosing and treating Lyme disease and tick-borne co-infections. Prevention and treatment strategies will be discussed. Free educational literature will be available. FMI contact Doreen Wilcox at 829-4358.

Thursday, June 4. **Community Tick Talk at the Norway Memorial Library**, 258 Main Street, Norway, Maine. 6:30-8:00 pm. Join Bob Maurais from Mainely Ticks as he discusses strategies to better protect your family from ticks and tick-borne diseases. Items discussed will include personal protection strategies, landscape modifications and the life cycle of the deer tick. Educational literature will be distributed including tick identification guides and bookmarks. FMI contact Julia at 743-5309.

Wednesday, May 13. **Wellness Wednesday at the Wells Public Library**, Wells, Maine . 11:00 am-Noon. Join Bob Maurais from Mainely Ticks for an informational session on how to better protect your family from ticks and tick-borne illnesses. Personal protection strategies, landscape modifications and the life cycle of the deer tick will be discussed. Free educational information including tick identification guides for all who attend. FMI contact Kristi Bryant at the Wells Public Library, 1434 Post Road (Route 1), Wells. Phone 207-646-8181, ext. 205.

Sunday, May 3. **4th Annual Lyme buddies 5K run at Jimmy the Greeks**, 150 Philbrook Road (Maine Mall), South Portland, Maine. Mainely Ticks will be distributing tick identification guides and bookmarks to all who attend.

Saturday, May 2. **1st Annual Midcoast Lyme Disease Support & Education Conference**. 8:00am-5:00pm, Wiscasset Community Center, Rt 27, Wiscasset, Maine. FREE. Guest speakers from the Lyme community and vendors will be available to answer questions. Mainely Ticks will be distributing FREE educational information, including tick identification guides to all who attend. FMI contact Paula Jackson Jones at 207-446-6447, or Angele Rice at 207-841-8757, or email midcoastlymediseasesupedu@gmail.com.

Thursday, April 30. **Community Tick Talk at the Soldiers Memorial Library**, 85 Main Street, Hiram, Maine. 5:30-7:00 pm. Join Bob Maurais from Mainely Ticks as he discusses strategies to better protect your family from ticks and tick-borne diseases. Items discussed will include personal protection strategies, landscape modifications and the life cycle of the deer tick. Educational literature will be distributed including tick identification guides and bookmarks. FMI contact Pamela Slattery-Thomas, Library Director, at 625-4650.

Tuesday, April 14. **University of Southern Maine Employee Wellness Fair**. Sullivan Gym, USM Portland Campus, 40 Falmouth Street, Portland, Maine. Free and open to the public. 12:00 noon-3:00 pm. Mainely Ticks will be distributing educational materials. Bob Mauais will

be hosting an educational seminar from 2:00-2:30 followed by a Q&A session. FMI contact Suzann Roy at 228-8151.

Saturday, March 28. **Annual Windham/Raymond School Age Child Care Conference**. Windham High School, Windham, Maine from 7:00 am-3:30 pm. Mainely Ticks will be distributing educational material including tick identification guides and bookmarks to all who attend. FMI contact Diane Hancock at 318-1514 or email windhamconference@gmail.com.

2014

Tuesday, October 7. **Maine Board of Pesticide Control Professional Recertification Training** . Keely's, 178 Warren Avenue, Portland. 8:00-12:45. Registration Fee. Presenters: Tick Management - Bob Maurais - Mainely Ticks, Wells, ME; Biology and Management of Ants, Cockroaches and Bed Bugs - Jeff White - Cooper Pest Solutions, Lawrenceville NJ; Proper Application Techniques for Mosquito Control - Mike Morrison - SWAMP Inc., Kittery ME; BPC Regulations Update - Gary Fish - Board of Pesticides Control, Augusta ME. FMI call 207-581-3878.

Sunday, September 21 through Saturday, September 27. **Annual Cumberland County Fair** , Cumberland, Maine. 9:00 am-9:00 pm. Admission charge. Mainely Ticks will distribute educational information to all who visit our booth.

Sunday, September 14. **4th Annual Lyme-Aid Family Music Festival** . Thompson's Orchard, 276 Gloucester Hill Rd, New Gloucester, ME 04260. 10am - 6pm. Mainely Ticks will be distributing tick identification guides and bookmarks to all who attend.

Saturday, September 6. **3rd Annual Mountain Valley Lyme Disease Awareness Conference** . Crescent Park School, 19 Crescent Lane, Bethel, Maine. Registration begins at 8:00 am, opening remarks at 8:45. Closing at 4:00 pm. Speakers include LDA president Pat Smith, Beatrice M. Szantyr, MD, internal medicine, pediatrics and adolescent medicine, Bob Bob Giguere from IGeneX Labs, and Bob Maurais, Mainely Ticks.

FMI contact Rhonda at 824-3076, or Diane at 357-1926. \$5.00 donation appreciated but not required.

Thursday, August 7. **Lunch & Learn discussion at Pratt & Whitney**, North Berwick, Maine. Lunchtime educational presentation to employees on proper tick identification and removal, personal protection strategies, and landscape modifications. Q & A session.

Friday, August 1. Health and Wellness Fair at Pratt & Whitney, North Berwick, Maine. Distribute educational information to 1300+ employees during all three shifts. Q&A sessions.

Thursday, June 12. **Deer Ticks & You** Wells Public Library, 1434 Post Road (Route 1), Wells, Maine. 6:30-7:30 pm. Attend this session to learn about personal protection strategies, landscape modifications, the life cycle of the deer tick, tick-borne diseases and precautions you can take to decrease your encounters with the endemic deer ticks. Q & A session will follow the presentation. Free.

Tuesday, May 13. **Maine Motor Transport Association**, Augusta, Maine. Manufacturers of Maine Group Trust General Safety Meeting. Powerpoint presentation to Safety Directors, Safety Committee Members and Supervisors.

Sunday, April 27.. **3rd Annual Lyme buddies 5K run at Jimmy the Greeks**, 150 Philbrook Road (Maine Mall), South Portland, Maine. Mainely Ticks will be distributing tick identification guides and bookmarks to all who attend.

Saturday, March 8. Portland Yacht Club Fireplace Room. 8:00 am-5:00 pm. Ticked Off...Avoiding and Treating Lyme Disease and Co-infections. Sponsored by True North of Falmouth. Portland Yacht Club Fireplace Room, 40 Old Powerhouse Road, Falmouth, Maine 04105. For event tickets go to the True North website at www.truenorthhealthcenter.org, or call 781-4488.

2013

Sunday, September 22 through Saturday, September 28. **Annual Cumberland County Fair**, Cumberland, Maine. 9:00 am-9:00 pm.

Admission charge. Mainely Ticks will distribute educational information to all who visit.

Tuesday, May 14. **University of Southern Maine Employee Wellness Program.** This year's fair will be held at the Costello Fitness Center field house on the Gorham Campus of the University of Southern Maine. Hours are 11:00 am to 2:00 pm. For more details about the fair, contact Suzanne Roy at 207-228-8151.

Sunday, April 28. **2nd Annual Lyme buddies 5K run at Jimmy the Greeks**, 150 Philbrook Road (Maine Mall), South Portland, Maine. Mainely Ticks will be distributing tick identification guides and bookmarks to all who attend.

Thursday, March 13, 2013. **Deer Ticks & You** Windham Middle School Library, Windham, Maine. 6:00-8:00 pm.. Attend this session to learn about landscape modifications, the life cycle of the deer tick, tick-borne diseases and precautions you can take to decrease your encounters with the endemic deer ticks. Q & A session will follow the presentation. Free. Pre registration is required by calling 892-1819.

Wednesday, March 6, 2013. **Your Health and your Backyard** Kennebunk High School, Kennebunk, Maine. 6:30-8:30 pm.. Join Bob and Barb Maurais for a discussion of ways to better protect yourself and family members against Lyme disease and other tick-borne illnesses. Topics will include: Tick identification; proper tick removal techniques; personal protection strategies; and landscape modifications. Free education materials will be available for all attendees. Click [here](#) to register or contact 985-1116 FMI.

2012

Sunday, September 23 through Saturday, September 29. **Annual Cumberland County Fair**, Cumberland, Maine. 9:00 am-9:00 pm. Admission charge. Mainely Ticks will distribute educational information to all who visit.

Tuesday, May 22. **University of Southern Maine Employee Wellness Program.** This year's fair will be held at the Sullivan Gym on the Portland Campus of the University of Southern Maine. Hours are 11:00

am to 1:30 pm. For more details about the fair, contact Suzanne Roy at 207-228-8151.

Sunday, April 29. **1st Annual Lyme Buddies 5K run at Jimmy the Greeks**, 150 Philbrook Road (Maine Mall), South Portland, Maine.

Mainely Ticks will be distributing tick identification guides and bookmarks to all who attend.

Thursday, March 22. **Deer Ticks and You** Windham Middle School, Windham, Maine. 6:00 to 8:00 pm.. Free. Please preregister online or by calling 207-892-1819.

https://windham.maineadulted.org/courses/course/deer_ticks_you

2011

Tuesday and Wednesday, November 1st and 2nd. **National Semiconductor's 6th Annual Wellness Fair**. 4:00-8:00 PM. Distribute educational information to employees. Q & A sessions.

Sunday, September 25 through Saturday, October 1. **Annual Cumberland County Fair**, Cumberland, Maine. 9:00 am-9:00 pm. Admission charge. Mainely Ticks will distribute educational information to all who visit.

Friday, August 12, 2011. **Ticks and Lyme Disease...What we need to know** Maine Chamber Group Trust Safety Meeting, Augusta.. Distribute educational materials to participants.

Wednesday, June 15. Wiscasset, Maine. Wiscasset Conservation Commission. Viewing of **Under Our Skin** followed by a Question & Answer session at Wiscasset Municipal Building, 51 Bath Road. Start time 6:30. Educational materials will be available for all participants.

Thursday, June 9, 2011. Sappi Fine Paper, Skowhegan, Maine. Annual Health Fair. Distribute 1,000 ProTickMe kits to employees and contractors along with educational information and resources. Q&A sessions.

Wednesday, May 18. **University of Southern Maine Employee Wellness Program**. This year's fair will be held at the Costello Fitness Center field house on the Gorham Campus of the University of Southern

Maine. Hours are 11:00 am to 2:00 pm. For more details about the fair, contact Suzanne Roy at 207-228-8151.

Wednesday, May 4. **Tick Talk** Kennebunk Town Hall, room 300, Kennebunk, Maine. Start time: 6:30 pm. Dr. Beatrice Szantyr will host a "Tick Talk" on how to avoid getting a tick bite and what to do if you do find an attached tick. In addition to personal protection strategies, tick ecology and the signs and symptoms of Lyme disease and co-infections will be discussed. A short question and answer session will follow. Free. For more information, call 207-985-9063

Saturday, April 30-Sunday, May 1. **Maine Association of School Nurses** is hosting the New England School Nurse Conference at the Holiday Inn by the Bay, Portland, Maine. Mainely Ticks will provide educational literature including posters, bookmarks, tick identification guides and educational tri-fold brochures. Click [here](#) to view the agenda for the conference.

Sunday, May 1. Massachusetts. Governor Deval Patrick has notified the Sturbridge Lyme Awareness of Massachusetts (S.L.A.M.) of his intent to sign a Proclamation declaring the month of May as "Lyme Disease Awareness Month" in the Commonwealth of Massachusetts! This May will be the first official "Lyme disease awareness month" ever in Massachusetts. S.L.A.M is planning a May 1st event where the Governor will read the proclamation and kick off the month with a family fun/awareness event at the Sturbridge Town Common! Mainely Ticks will conduct two educational sessions and distribute educational materials to all participants. Click [here](#) for more info.

Wednesday, April 20. **Wellness fair at the Conant School** Concord, New Hampshire. Educational materials will be distributed to all students, staff and community members attending.

Thursday, April 7, 6:00 pm. **Saco Bay Gardening Club** at the Dyer Library in Saco, Maine. Host Bob Maurais. A discussion on strategies for the prevention of tick-borne diseases followed by a question and answer session. Educational literature will be distributed to participants.

Thursday, April 7. Windham High School Adult Ed 6:30pm to 8:30pm **Under Our Skin**, an award winning Lyme disease documentary that

chronicles patient care, physician stories and treatment controversies. Host Barb Maurais. We'll also distribute our free tick identification-tick removal guide.

Friday, March 25, and Saturday, March 26. 2011 **American Camping Association's New England Conference**, Manchester, New Hampshire. ProTickMe kits will be on sale. Free educational posters and brochures to all attendees. Registration to the event is required. Click [here](#) for more information on this conference.

Tuesday, March 8. **New England Parent Group Expo**. Best Western Royal Plaza Hotel, 181 Boston Post Road West Marlborough, Massachusetts. 9:00 am - 2:30 pm.

Saturday, February 19, and Sunday, February 20. 2011 **Maine Home, Remodeling & Garden Show**. Cumberland County Civic Center, Portland, Maine. We'll have our new ProTickMe kit for sale. Free educational poster and brochure to all who visit. There is an entrance fee to the show. Click [here](#) for more information.

Friday, February 11, and Saturday, February 12 **Maine Osteopathic Association Mid-Winter Conference**. Holiday Inn by the Bay, Portland, Maine.

2010

Saturday, October 23 4th annual **Walk for Lyme**, Back Bay, Portland, ME.

Thursday, October 21 **Lyme Disease Event – Under Our Skin Film and Live Q&A** – 7-9:30p.m: At [Lincoln County Community Theater](#), 2 Theatre street in Damariscotta, free showing of [Under Our Skin](#), an award winning Lyme disease documentary that chronicles patient care, physician stories and treatment controversies followed by a Question & Answer session. FMI please call the Pemaquid Watershed Association office, 563-2196. Bob & Barb Maurais of Mainely Ticks will begin with a discussion of ways to better protect yourself against tick-borne illnesses, including tick identification-tick removal, personal protection strategies and landscape modifications. Free educational materials will be available for all attendees.

Thursday, Oct 7 **Under Our Skin** [Windham High School Adult Ed](#) 6pm to 9pm Room 120. Call 892 1819 to preregister. Free. [Under Our Skin](#), an award winning Lyme disease documentary that chronicles patient care, physician stories and treatment controversies. Q&A session after film with Barb Maurais, Mainely Ticks Educator.

Sunday, September 26 through Sunday, October 2. **Cumberland Fair** 9am to 9pm Admission charge. Cumberland, ME. We will be unveiling our new ProTickMe kit and poster, as well as other Free educational handouts including our tick identification-tick removal guide.

Sunday, June 27 **Girl Scouts of Maine summer camp workshop on Lyme disease.**

Saturday, June 12 **Maine Osteopathic Association Annual Oceanside Convention**, Samoset, Rockport, ME Presented tick-borne disease workshops to Maine physicians.

Thursday, May 20 **USM Wellness Fair**, Sullivan Gym, Portland, ME.

Wednesday, April 14 1 pm **Governor's Office, State House, Augusta Maine**. Governor Baldacci signed May is Lyme Awareness Month Resolution.

Wednesday, March 31 **Under Our Skin** Windham High School Adult Ed 6:30pm to 8:30pm , an award winning Lyme disease documentary that chronicles patient care, physician stories and treatment controversies. We'll also distribute our free tick identification-tick removal guide.

2009

Saturday, September 19 10am to 3pm. **Wonder of Wood**. FREE Sullivan Gym Complex, USM, Portland, ME. Stop by to pick up your Free Tick Identification-tick removal Card & Tick Educational Guide.

Sunday, September 27 through Saturday, October 3. 9am to 9pm Admission charge. **Cumberland County Fair**, Cumberland, ME. We will have our Mainely Ticks informational display, tick identification-tick removal cards and educational guides.

May 1-31 **Lyme Disease Awareness Month in Maine**

Saturday, May 9 noon to 5pm **Smart Energy Expo**. Kennebunk High School, Kennebunk, ME. FREE! Join Bob & Barb Maurais of Mainely

Ticks and learn about personal protection strategies, landscape modifications, deer tick life cycle, tick identification-tick removal techniques and reduce your risk of contracting Lyme and associated diseases. Free tick identification-tick removal card & Tick Educational Guide.

2008

Thursday, October 16 **Under Our Skin** 6:30pm to 8:30pm , an award winning Lyme disease documentary that chronicles patient care, physician stories and treatment controversies. Poland Town Hall, Rt 26, Poland, ME. FREE!

Saturday, October 11 9am to 1pm **Poland Community Fair**. Poland Regional High School, Rt 26, Poland, ME. FREE! Stop by and receive a free tick identification-tick removal educational guide developed by Bob & Barb Maurais of Mainely Ticks.

Friday, Saturday, Sunday October 3, 4 &5. **Maine Snowmobile Show** Augusta Civic Center, Exit 112 off I-95. Admission Adults \$6 Children under 12 free. Pick up a free tick identification card, visit with Barb of Mainely Ticks and learn how to reduce your risk of encountering deer ticks any time the temperature is above freezing.

Saturday, May 24 10 am & 2pm **Roosevelt Trail Landscape & Garden Center** 310 Roosevelt Trail Windham, ME [\[directions\]](#) FREE! Join Bob & Barb Maurais of Mainely Ticks at the Roosevelt Trail Garden Center's Annual Open House and learn about personal protection strategies, landscape modifications, deer tick life cycle, tick removal techniques and reduce your risk of contracting Lyme and associated diseases. Free tick identification-tick removal card & Tick Educational Guide.

Tuesday, May 13 6:30pm **Camden Public Library** 55 Main Street, Camden, Maine. FREE! . Dr. Beatrice Szantyr of Lincoln, Maine will present a slide show and discussion of Lyme disease in Maine at the [Camden Public Library](#) on Tuesday, May 13, at 6:30 pm. She will focus on awareness, tick identification-tick removal, risk factors, prevention and symptomology of the disease. Dr. Szantyr is a board certified internist and pediatrician who has spent several years researching &

educating about Lyme disease in New England. She is a graduate of UCONN School of Medicine and St. Louis University Hospitals. FMI Contact: Ken Gross, Program Director, Camden Public Library 207 236 3440

Saturday, April 26 7pm **Tribeca Film Festival** New York City, NY AMC Village VII Theater 2 World Premier Under Our Skin, a Feature Documentary of the Tribeca Festival.

March 5 -9 **Portland Flower Show** Come visit us at the Flower Show and pick up a free tick identification-tick removal guide and other educational materials that will help you to reduce your risk of tick exposure.

March 28-30 **Maine Home & Garden Show** USM Gorham campus **Your Health and Your Backyard** Adult Ed/Community presentations: YOUR HEALTH AND YOUR BACKYARD... Strategies to safeguard your family from tick and mosquito borne diseases. Join Ed, Bob and Barb Maurais of Mainely Ticks and Ted St. Amand of Atlantic Pest Solutions for one of these informational presentations followed by a question and answer session devoted to educating you on: The life cycle and habitat of deer ticks and mosquitoes; Tick identification and appropriate tick removal techniques; Mosquito and Tick-borne diseases; Integrated Pest Management Recommendations, such as personal protection strategies and more. Ed and Bob Maurais are co-owners of Mainely Ticks serving York and Cumberland Counties, and licensed Commercial Master Applicators in the State of Maine. Barb Maurais is an educator and maintains the company website mainelyticks.com. Ted St. Amand is the owner of [Atlantic Pest Solutions](http://AtlanticPestSolutions.com) and is a Commercial Master Applicator in both Maine and New Hampshire. He is a registered IPM Practitioner and is a current board member on the Maine IPM Council bringing thirty years of pest management experience to the table.

March 13 6:30-8:30pm York High School

March 19 6:30-8:30pm Kennebunk High School

March 25 6:30-8:30pm Yarmouth High School Performing Arts Center

March 27 6:30-8:30pm Falmouth Town Hall

April 1 6:30-8:30pm Windham High School

2007

Tuesday, May 1 & Wednesday, May 2 Augusta, ME. **May is Lyme Awareness month in Maine.** The Maine Legislature voted on a resolution proclaiming [May 2007 as Lyme Awareness Month in Maine](#) . Also adopted was a resolution supporting federal legislation [HR 741, the Lyme and Tick-borne Disease Prevention, Education, and Research Act of 2007](#) .

Tuesday, May 1 Camden, ME. **Tick Talk - Camden Public Library 6pm.** Dr. Beatrice Szantyr of Lincoln, Maine presented a [slide show and discussion](#) on Lyme disease at the Camden Public Library at 6 pm on Tuesday, May 1.

Wednesday, May 2 Wells, ME. **Lunch 'n' Learn Laudholm Farms at the Wells Reserve. Noon - 1pm.** Lunch 'n' Learn: Tick talk with Chuck Lubelczyk of the Maine Medical Center. Lubelczyk illuminated the itty bitty critters responsible for spreading West Nile Virus and Lyme Disease. Participants brought a bag lunch and a mug for free organic coffee and tea. Free. Wednesday, May 2, The Wells Reserve, 342 Laudholm Farm Road, Wells. Reservations were requested. Call 646-1555, or go online to www.wellsreserve.org

Thursday, May 10 Auburn, ME. **Tick Talk - Auburn Public Library 6pm.** Members of the public joined Bea Szantyr MD & Constance Dickey, RN at the Auburn Public Library, 49 Spring Street, Auburn, ME to learn more about Lyme disease - symptoms & diagnosis, treatment and rehabilitation, ,prevention, resources, [2 standards of care,](#) patient stories & support. Bob & Barb of Mainely Ticks & Ted & Duncan from [Atlantic Pest Solutions](#) had displays and were available to discuss personal protection strategies & options before and after the Tick Talk. FMI email bobmaurais@worldnet.att.net

Saturday, May 19 Gray, ME. **Learn about Lyme disease 11am - 2pm.** The Maine Medical Center Research Institute had lots of information about ticks and control of tick-borne diseases like Lyme Disease. Participants learned how to identify the different types of ticks found in Maine, and got tips on prevention & basic information on the disease itself. [Maine Wildlife Park info link](#) .

Saturday, May 19 West Haven, CT. **Current Trends in Lyme Disease Research 8:30am-5:00pm.** 2nd annual Lyme disease Symposium at the

University of New Haven Dodds Hall Auditorium, 300 Boston Post Road, West Haven CT. Featured speakers included Sandy Berenbaum, LCSW, Joseph Burrascano, MD, Brian Fallon, MD.

2006

Your health and your backyard . A seminar and open house on the prevention and treatment of Lyme, EEE and West Nile diseases on Saturday, March 25, 2006 from 2pm to 6pm at Wells High School, Route 109, Wells, Maine. Snow date is Saturday, April 1, 2006. Six guest speakers and more than a dozen exhibitors will present a wide spectrum of information to the community on protection, prevention and treatment of these diseases. Did you know that: There were 237 cases of Lyme disease reported in the state of Maine in 2005. According to the CDC, studies suggest that Lyme cases may be underreported by 5 to 10 fold. You could have Lyme and not even know it.

Just one mosquito bite can transmit West Nile virus or other diseases. Education is the key in controlling EEE disease, but people still ignore proper precautions.

Learn what you can do to reduce your risk of contracting these diseases. Bob Maurais from Mainely Ticks will open the speaker series at 2:15pm. Terry Walters, LaValley Lumber Licensed Maine Forester, Charles Lubelczyk, Field Biologist, Maine Medical Center, Dr. Robert Gholson, Maine State Public Health Veterinarian, and Shawn Mullen, Bayer Products Entomologist, will follow. The final speaker at 5:15 pm will be Dr. Teresa Caprio, DO, who specializes in neuromusculoskeletal medicine, Lyme disease and other tick borne illnesses.

Exhibitors will have educational information, program information and products on display from 2pm to 6pm. Exhibitors include: Reigning Cats and Dogs, IgeneX Laboratories, Wells Veterinary Hospital, Wells Reserve at Laudholm Farm, Wells Chamber of Commerce, Rachel Carson National Wildlife Reserve, Maine Lyme Support Group, Wells Parks and Recreation, Bayer Products, York Hospital, Ladyslipper

Landscape & Design, SWOAM (Small Woodlot Owners Association of Maine), and Mainely Ticks. Free tick identification-tick removal guides will be available. The seminar is sponsored by the Wells-Ogunquit Health Association, Wells-Ogunquit Adult Community Education and Mainely Ticks.

2005

Thursday, July 21 **Tick Prevention & Lyme Disease Night.** Wells Activity Center, Rt 109, Wells, Maine. Dr. Teresa A. Caprio, DO, a specialist in neuromusculoskeletal medicine in Kennebunk will speak on Lyme disease. Ed and Bob Maurais of Mainely Ticks will provide an overview of personal protection strategies and effective ways to reduce the number of ticks while making your property less tick friendly. A question and answer session followed by light refreshments will complete the evening.